



澳門理工大學
Universidade Politécnica de Macau
Macao Polytechnic University

健康科學及體育學院
Faculdade de Ciências de Saúde e Desporto
Faculty of Health Sciences and Sports



護理學碩士

學位課程簡章

Master of Science in Nursing

「科研驅動 · 循證為基 · 精進專業」

Research • Evidence • Advancing Practice

| 課程亮點 Programme Highlights

♥ 培養國際視野、德才兼備的護理學專才

Cultivate nursing professionals with global vision, virtue and talents

♥ 以學生為中心，雙語教學

Student-centered bilingual instruction

♥ 強化科學科研及專業知識

Strengthen of scientific research and professional knowledge

♥ 突出循證實踐能力的培養

Cultivation of evidence-based practice ability

♥ 以特定導師制指導學生臨床實習，探討臨床護理和衛生保健服務問題

The tutorial system for guiding the students' clinical internship and exploring the issues on clinical nursing and health care service

NOTES

修讀年期 Duration	2年 2 years
學分要求 Credit Requirements	30學分 30 credits
授課語言 Medium	中文及英語 Chinese and English
上課安排 Class Time	星期一至五下午六時後，及星期六(上午、下午) Classes will be scheduled after 18:00 from Monday to Friday, and on Saturday (morning, afternoon)

課程設置 Programme Structure

學術導向 (2026-2027 年招生)

學習計劃一 Study Plan I				
學科單元 編號 Code	學科單元 Learning Modules	種類 Type	面授學時 Lecture Hours	學分 Credits
NURS6139	高級護理實踐導論 Introduction to Advanced Nursing Practices	必修 Compulsory	45	3
NURS6140	高級健康評估 Advanced Health Assessment	必修 Compulsory	45	3
NURS6141	護理領導與管理 Nursing Leadership and Management	必修 Compulsory	45	3
NURS6142	循證護理實踐 Evidence- Based Nursing Practice	必修 Compulsory	45	3
NURS6143	研究方法及倫理規範 Research Methods and Ethics	必修 Compulsory	45	3
NURS6144	護理教育學 Nursing Education	必修 Compulsory	45	3
NURS6198	項目報告 Project Report	必修 Compulsory	—	9
學生須修讀下列任一選修學科單元/科目，以取得3學分 Students are required to take one elective module to obtain 3 credits				
NURS6117	高級病理生理學 Advanced Pathophysiology	選修 Elective	45	3
NURS6118	高級臨床藥理學 Advanced Clinical Pharmacology	選修 Elective	45	3
NURS6116	進階健康教育與促進 Advanced Health Education and Promotion	選修 Elective	45	3

專業導向（每兩年招生一次，2027-2028 學年招生）

學習計劃二 ¹ Study Plan II ¹				
學科單元 編號 Code	學科單元 Learning Modules	種類 Type	面授學時 Lecture Hours	學分 Credits
NURS6139	高級護理實踐導論 Introduction to Advanced Nursing Practices	必修 Compulsory	45	3
NURS6140	高級健康評估 Advanced Health Assessment	必修 Compulsory	45	3
NURS6141	護理領導與管理 Nursing Leadership and Management	必修 Compulsory	45	3
NURS6142	循證護理實踐 Evidence- Based Nursing Practice	必修 Compulsory	45	3
NURS6143	研究方法及倫理規範 Research Methods and Ethics	必修 Compulsory	45	3
NURS6144	護理教育學 Nursing Education	必修 Compulsory	45	3
NURS6138	臨床實習及實習報告 Clinical Internship and Internship Report ²	必修 Compulsory	-	9
學生須修讀下列任一選修學科單元/科目，以取得 3 學分 Students are required to take one elective module to obtain 3 credits				
NURS6117	高級病理生理學 Advanced Pathophysiology	選修 Elective	45	3
NURS6118	高級臨床藥理學 Advanced Clinical Pharmacology	選修 Elective	45	3
NURS6116	進階健康教育與促進 Advanced Health Education and Promotion	選修 Elective	45	3

學生須選讀下列任一護理專科專題，以取得 6 學分³
 Students are required to take one of the following modules for Nursing Specialty to obtain 6 credits³

學科單元 編號 Code	學科單元 Learning Modules	種類 Type	面授學時 Lecture Hours	學分 Credits
NURS6129	重急症護理 Emergency and Critical Care Nursing	選修 Elective	90	6
NURS6130	癌症護理 Cancer Nursing	選修 Elective	90	6
NURS6131	康復護理 Rehabilitation Nursing	選修 Elective	90	6
NURS6132	婦產科護理 Gynecology and Obstetrics Nursing	選修 Elective	90	6
NURS6133	心理及精神護理 Psychological and Mental care	選修 Elective	90	6
NURS6134	社區衛生護理 Community Health Nursing	選修 Elective	90	6
NURS6135	感染控制護理 Infection Control Nursing	選修 Elective	90	6
NURS6136	兒科及新生兒護理 Pediatric and Neonatal Care	選修 Elective	90	6
NURS6137	老年護理 Geriatric Nursing	選修 Elective	90	6

註 Note:

- 1.本課程學習計劃二已獲衛生局局長按第 45/2021 號行政法規《醫學及護理專科培訓程式施行細則》附件二《護理專科培訓規章》第六條第三款的规定，預先批准為護理專科培訓的基礎培訓。This programme's study plan II has been pre-approved as basic training for nurse specialist training by the Director of the Health Bureau in accordance with the provisions of Article 6, Paragraph 3 of Annex II "Nursing Specialty Training Regulations" of the Administrative Regulation No. 45/2021 "Implementation Rules for Medical and Nursing Specialty Training Procedures".
- 2.學生須按所選護理專科專題進行為期九週（合共 360 小時）的臨床實習。Students are required to undertake a nine-week (total 360 hours) clinical internship on selected nursing specialties.
- 3.課程護理專科專題將由大學按屆指定。The modules for specialisation in nursing specialty will be designated by the university in each cohort.



師生成果 Faculty-Student Achievements

International Journal of Nursing Sciences 11 (2024) 276–285

Contents lists available at ScienceDirect

International Journal of Nursing Sciences

journal homepage: <http://www.elsevier.com/journals/international-journal-of-nursing-sciences/2352-0132>

Review

Perspectives and experiences of community-dwelling older adults who experience falling: A qualitative meta-synthesis

Huimin Jiang^a, Haobin Yuan^{a,*}, Stephen Tee^b, Oi Ching Bernice Lam Nogueira^a

^a Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao, China
^b Faculty of Health and Social Sciences, Bournemouth University, Bournemouth, England, UK

International Journal of Nursing Sciences 12 (2025) 59–64

Contents lists available at ScienceDirect

International Journal of Nursing Sciences

journal homepage: <http://www.elsevier.com/journals/international-journal-of-nursing-sciences/2352-0132>

Research Paper

Advance care planning readiness among older adults in aged service centers: A cross-sectional study

Kalok Wong^{a,b}, Haobin Yuan^{b,*}, Stephen Tee^c, Sinkei Cheong^d

^a Department of Palliative Care Ward, Centro Hospitalar Conde de São Januário, Macao, China
^b Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao, China
^c Faculty of Health and Social Sciences, Bournemouth University, England, UK
^d Intensive Care Unit, Centro Hospitalar Conde de São Januário, Macao, China

Geriatric Nursing

Volume 66, Part A, November–December 2025, 103669

Featured Article

The perspectives on advance care planning among older adults at senior day centers: A qualitative descriptive study in Macao

Kalok Wong^{a,b}, Haobin Yuan^c, Stephen TEE^{d,e}, Sinkei Cheong^f

Nursing Open

WILEY

EMPIRICAL RESEARCH QUANTITATIVE OPEN ACCESS

Investigating Nurses' Competencies for Development of "Internet + Nursing Service": A Cross-Sectional Study

Jialing Chen¹, Qi Zhang², Pedro Fong¹, Lirong Meng¹

¹ Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao, People's Republic of China | ² The Second Affiliated Hospital of Soochow University, Soochow, China

Correspondence: Pedro Fong (pedrofong@mpu.edu.mo) | Lirong Meng (lrmeng@mpu.edu.mo)

scientific reports

OPEN

Characterising immune-related adverse events in different types of cancer among Chinese patients receiving immune checkpoint inhibitors

Qi Zhang^{1,2}, Jialing Chen¹, Nana Tsai¹, Xuejuan Zhu¹, Minyan Zhao¹, Lirong Meng^{1,3,4,5} & Pedro Fong^{1,5,6}

WOMEN'S HEALTH

Research article

Association between maternal–infant health literacy, social support, and psychological stress during the perinatal period among women in Macao, China

Man I Lai¹, Jialing Chen¹, Pedro Fong¹ and Lirong Meng¹

Women's Health
 Volume 21: 1–9
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 DOI: 10.1177/17455057251347086
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Wang et al. BMC Nursing (2024) 23:473
<https://doi.org/10.1186/s12912-024-02135-0>

BMC Nursing

RESEARCH Open Access

New nurses' practice environment, job stress, and patient safety attitudes: a cross-sectional study based on the job demands-resources model

Xin Wang¹, Ming Liu², Tao Xu³, Kangyue Wang¹, Liebin Huang¹ and Xiancui Zhang^{4*}

JAN

Leading Global Nursing Research

EMPIRICAL RESEARCH QUALITATIVE

Exploring the Influencing Factors of Experienced Nurses' Retention Behaviour: A Qualitative Study Based on the COM-B Model

Liebin Huang, Ming Liu, Angela Y. M. Leung, Jun-E Zhang, Renli Deng, Hongxia Dai, Binbin He

First published: 11 November 2024 | <https://doi.org/10.1111/jan.16611> | VIEW METRICS

International Journal of Nursing Sciences 11 (2024) 563–570

Contents lists available at ScienceDirect

International Journal of Nursing Sciences

journal homepage: <http://www.elsevier.com/journals/international-journal-of-nursing-sciences/2352-0132>

Review

Nurses' job embeddedness and turnover intention: A systematic review and meta-analysis

Xin Wang^a, Ming Liu^{b,c}, Angela Y.M. Leung^{c,d,e}, Xiaoyan Jin^b, Hongxia Dai^b, Shaomei Shang^f

^a Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao SAR, China
^b Peking University Health Science Center - Macao Polytechnic University Nursing Academy, Macao Polytechnic University, Macao SAR, China
^c School of Nursing, The Hong Kong Polytechnic University, Hong Kong SAR, China
^d HKRD Collaborating Centre for Community Health Services, The Hong Kong Polytechnic University, Hong Kong SAR, China
^e Research Institute of Smart Aging (RISA), The Hong Kong Polytechnic University, Hong Kong SAR, China
^f School of Nursing, Peking University, Beijing, China

LUPINE PUBLISHERS

Online Journal of Public Health & Epidemiology

Research Article

Assessment of Paternal Attitudes Toward Breastfeeding in Macau: A Cross-Sectional Study

Ieng Mei Chan¹, Cindy Sin U Leong^{2*}, Siu Pong Chan³, Yok Man Cymon Chan⁴, Weng Ian Phoenix Pang⁵

¹ Department of Endoscopy, Centro Hospitalar Conde de São Januário dos Serviços de Saúde, Macau
² Peking University Health Science Center-Nursing Academy, Macao Polytechnic University, Macau
³ Department of Emergency, Centro Hospitalar Conde de São Januário dos Serviços de Saúde, Macau
⁴ Faculty of Health Sciences and Sports, Macao Polytechnic University, Macau
⁵ Corresponding author: Cindy Sin U Leong, Peking University Health Science Center-Nursing Academy, Macao Polytechnic University, Macau

14 Day
Journal of Nursing Management
Volume 2023, Article ID 6298853, 14 pages
<https://doi.org/10.1111/jonm.12963>

WILEY

Research Article
Nurses' Self-Efficacy, Job Embeddedness, and Psychological Empowerment: A Cross-Sectional Study

Xin Wang¹, **Ming Liu**², **Angela Y. M. Leung**^{3,4,5}, **Jun-E Zhang**⁶, **Renli Deng**⁷, **Yan Li**⁸, **Yan Wang**⁹, **Hongxia Dai**², **Xiaoyan Jin**² and **Shaomei Shang**¹⁰

¹Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao, China
²Peking University Health Science Center-Macao Polytechnic University Nursing Academy, Macao Polytechnic University, Macao, China
³School of Nursing, The Hong Kong Polytechnic University, Hong Kong, China
⁴WHO Collaborating Centre for Community Health Services, The Hong Kong Polytechnic University, Hong Kong, China
⁵Research Institute of Smart Ageing (RISA), The Hong Kong Polytechnic University, Hong Kong, China
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⁷Department of Nursing, Zuyi Medical University, Zuyi, China
⁸School of Nursing, Peking University, Beijing, China

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The role of virtual reality on physical and psychological health among older adults: A systematic review

Yejian Liao¹, Mei Hua Kerry Hsu^{2*}, Feng Ling Xie³, Hong Xia Dai⁴, Ming Liu⁵
^{1,2,3,4,5}Macao Polytechnic University, Macao S.A.R, China; kerryhsu@mpu.edu.mo (M.H.R.H.).

Journal of INTEGRATIVE NURSING

Home Current Issue Previous Issues For Authors Published Ahead-of-Print Journal Info

REVIEW ARTICLE
Psychological experience of infected individuals during the pandemic
A qualitative meta-synthesis

BIAN, Yao¹; YUAN, Haobin¹; KUNAVIKTIKUL, Wipada²

Author information

International Journal of Environmental Sciences
ISSN: 2229-7359
Vol. 11 No. 17, 2025
<https://www.thesaspd.com/ijes.php>

Public Knowledge of Emergency Department Triage and its Association with Patient Satisfaction in Macao During the COVID-19 Era: A Cross-Sectional Study

Siu Pong Chan¹, Cindy Sin U Leong^{2*}, Ieng Mei Chan³, Weng Ian Phoenix Pang⁴, Yok Man Cymon Chan⁵
¹Department of Emergency, Centro Hospitalar Conde de São Januario dos Servicos de Saude, Macao
²Peking University Health Science Center-Nursing Academy, Macao Polytechnic University, Macao
³Department of Endoscopy, Centro Hospitalar Conde de São Januario dos Servicos de Saude, Macao
⁴Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao
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Medicine

Articles & Issues Browse by Specialty Channels For Authors For Reviewers Journal Info

RESEARCH ARTICLE: OBSERVATIONAL STUDY
Cancer caregivers' health literacy in Macao: Understanding influencing factors and promoting support – an observational study

Tsai, Nana MSN^{1,2}; Fong, Pedro PhD³; Lam, Fongling MSN⁴; Zhang, Qi MSN⁵; Meng, Lirong PhD⁶

Author information

Medicine 104(6):p e41659, February 21, 2025. | DOI: 10.1097/MD.00000000000041659

PLOS ONE

RESEARCH ARTICLE
The physical activity and sedentary behavior among pregnant women in Macao: A cross-sectional study

Ka Chon Mok¹, Ming Liu², Xin Wang^{3*}

¹ Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao, China, ² Peking University Health Science Center, Macao Polytechnic University Nursing Academy, Macao Polytechnic University, Macao, China
³ amywang@mpu.edu.mo

Abstract

PeerJ

Comparative meta-analysis of cold snare polypectomy and endoscopic mucosal resection for colorectal polyps: assessing efficacy and safety

Shouqi Wang^{1*}, Qi Zhang^{1,2,3*}, Li Rong Meng², Ying Wu¹, Pedro Fong² and Weixia Zhou¹

¹The Second Affiliated Hospital, Soochow University, Soochow, China
²Faculty of Health Sciences and Sports, Macao Polytechnic University, Macao, China
³These authors contributed equally to this work.

SAGE Open
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<https://doi.org/10.1177/21582440221104811>

SAGE journals

Cross-Sectional Association and Influencing Factors of Job Satisfaction and Burnout Among Nurses in Macao

Kinfong Leong¹, Pedro Fong^{2*}, Chiufai Kuok, and Lirong Meng

Scopus Search Sources SciVal

Back

Efficacy of closed and open tracheal suction systems for prevention of ventilator-associated pneumonia: A meta-analysis
[密闭式和开放式吸痰系统预防呼吸机相关性肺炎效果的 Meta 分析]

Chinese Journal of Evidence-Based Medicine • Article • 2021 • DOI: 10.7507/1672-2531.202006212

Wang, Waiman^{a, b}; Wang, Yan^a

^aMacao Polytechnic Institute, Macao, 999078, Macao

Lo and Luo BMC Palliative Care (2026) 25:10
<https://doi.org/10.1186/s12904-025-01946-5> BMC Palliative Care

RESEARCH Open Access

Narrative-based study of spiritual health in advanced cancer patients: insights from Macao's cultural context with broader implications for Asia and beyond

Waichi Lo^{1,2} and Zhimin Luo^{1*}

知行合一，多元綻放

Where Theory Meets Diverse Practice

前沿科學 *Advanced Science*



參加「人工智能與康復護理」「人工智能在康復領域的應用」工作坊

Macao Daily News reported on a Macao Polytechnic University workshop focused on smart healthcare and AI applications in rehabilitation nursing



參加「醫療專業人員於教學、學習和研究中使用生成式 AI 和 ChatGPT」工作坊
Participating in the Workshop on AI and ChatGPT Applications in Healthcare Education

參加「未來已來：華為 AI 技術前沿」工作坊
Participating in the Workshop on Huawei's AI Technology Frontiers



參加第9屆澳門-香港護理會議暨澳門中葡護士會成立34周年護理研討會
Participating in the 9th Macao-Hong Kong Nursing Conference and the 34th Anniversary Nursing Symposium of the Macao-Portuguese Nurses Association



參加粵港澳大學聯盟2024年護理青年學者論壇
Participating in the 2024 Guangdong-Hong Kong-Macao University Alliance Nursing Young Scholars Forum



參加第七屆海峽兩岸暨港澳地區護理論壇
Participating in the 7th Cross-Strait and Hong Kong and Macao Nursing Forum

志願服務 *Volunteer Services*



探訪澳門明愛青洲日間中心:預防跌倒的健康教育

Visiting Caritas Macau Ilha Verde Day Centre for the Elderly: Health Education on Fall Prevention



校園開放日志願者

Campus Open Day Volunteers



全運會志願者

Volunteers for the National Games



參加第九屆港澳護理會議暨研討會并承擔會議志願者

Participating in and volunteering at the 9th Macao-Hong Kong Nursing Conference and Symposium



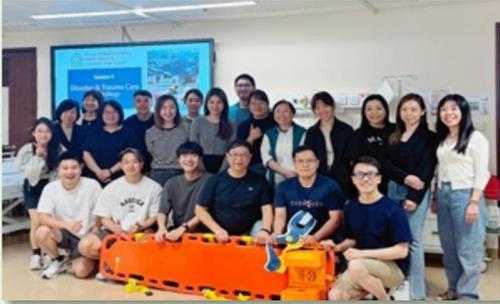
參加第七屆海峽兩岸暨港澳地區護理論壇并承擔會議志願者

Participating in and volunteering at the 7th Cross-Strait and Hong Kong and Macao Nursing Forum

參加 2025 年國際護理研討會并承擔會議志願者

Participating in and volunteering at the 2025 International Nursing Symposium

學習分享 *Learning & Sharing*



參與急重症護理工作坊
Participating in an Advanced Acute and Critical Care
Nursing Workshop



校友分享會：護理職業規劃發展
Alumni Sharing Session: Nursing Career Planning and
Development



參觀南方醫科大學附屬第八醫院
Field Visit: The Eighth Affiliated Hospital of Southern
Medical University



AI 在護理教育中應用的辯論賽
Debate on Applications of Artificial Intelligence in
Nursing Education



學生研討會
Student Research Seminar



參觀橫琴醫療產業園參觀
Field Visit: Hengqin Medical Industrial Park

卓越成就 *Outstanding Achievements*



澳門理工大學 SHINE 全人發展獎勵計劃金獎
The Gold Prize of the SHINE Holistic Development
Programme at Macao Polytechnic University



最優秀畢業生
Outstanding Graduates



澳門衛生局國際護士節護理專業研討會徵文活動“優秀論文獎”
The "Excellent Paper Award" in the Essay Competition
of the International Nurses Day Nursing Professional
Seminar, Macao Health Bureau



專業培訓中的主題演講
Keynote Speech in Professional Training



第七屆海峽兩岸暨港澳地區護理論壇壁報
Poster Presentation at The 7th Cross-Strait Hong Kong
and Macao Nursing Forum



第 16 屆亞洲及太平洋區安寧緩和療護會議壁報
Poster Presentation at the 16th Asia Pacific Hospice
Palliative Care Conference



澳門感染控制學術論壇口頭匯報
Oral Presentation at Macao Infection Control Academic
Forum



粵港澳高校聯盟護理論壇口頭匯報
Oral Presentation at the Guangdong-Hong Kong-Macao
University Alliance Nursing Forum



學研深耕 韶華綻放

Where Deep Study Meets Blossoming Talent

2019 年入學-梁健峰

Enrollment in 2019 : LEONG KIN FONG



畢業去向：

澳門仁伯爵綜合醫院

Destination :

Macao Conde S. Januário Hospital

作為澳門理工大學護理學碩士課程的畢業生，我深感這段學習經歷對我職業發展的深遠影響。課程不僅深化了我的專業知識與科研能力，更幫助我明確了未來深耕臨床護理與管理領域的目標，為邁向專科護士奠定了堅實基礎。

在臨床工作中，所學的循證護理理論與案例分析技巧顯著提升了我的臨床決策能力。例如，面對複雜病例時，我能更高效地整合實證資源，優化護理方案，這讓團隊合作與患者安全得到雙重保障。課程內容的實用性超乎預期，尤其在提升臨床技能的應用與跨學科溝通能力方面，效果立竿見影。

這段學習讓我深刻體悟到，護理不僅是技術的實踐，更是科學與人文的融合。唯有持續學習，才能應對醫療環境的快速變革。

對母校的未來發展，我衷心希望課程能進一步結合國際前沿與本土需求，強化臨床實踐平臺，吸引更多優秀人才投身護理事業，共同提升澳門醫療服務的專業高度。

As a graduate of the Master of Nursing program at Macao Polytechnic University, I deeply appreciate the profound impact of this learning journey on my professional development. The program not only strengthened my expertise and research capabilities but also clarified my career goals to specialize in clinical nursing and management, laying a solid foundation for advancing as a specialist nurse.

In clinical practice, the evidence-based nursing theories and case analysis skills I acquired have significantly enhanced my clinical decision-making ability. For example, when managing complex cases, I can efficiently integrate evidence-based resources to optimize care plans, ensuring both team collaboration and patient safety. The practicality of the curriculum exceeded expectations, particularly in improving the application of clinical skills and interdisciplinary communication, with immediate results.

This experience has taught me that nursing transcends technical practice—it is an integration of science and humanism. Continuous learning is essential to adapt to the rapid evolution of healthcare. For the future development of our alma mater, I sincerely hope the program will further align international advancements with local needs, strengthen clinical practice platforms, and attract more talented individuals to the nursing profession. Together, we can elevate the professional standards of healthcare services in Macao.



2019 年入學-黃慧敏

Enrollment in 2019 : Wong Wai Man



畢業去向：

仁伯爵綜合醫院感染控制護理專科護士

destination:

Infection Control Nursing Specialist, Conde de São Januário Hospital

碩士學習期間，正值 2020 年新冠疫情，我作為澳門唯一新冠定點醫院的感控護士，工作晝夜不息。在無法線下上課的情況下，得益於教授們精心安排的線上授課與錄音，我得以兼顧工作與學業。其間，我修讀循證護理課程，並在導師指導下，於《中國循證醫學雜誌》發表了首篇學術文章《密閉式和開放式吸痰系統預防呼吸機相關性肺炎效果的 Meta 分析》，由此激發了對科研的濃厚興趣。

為進一步深入專科研究，我與導師商定以「呼吸機相關事件的影響因素和預後分析」作為論文主題，從選題、計劃、數據收集分析到成果撰寫，全程與導師保持密切溝通，過程嚴謹而充實。該研究成果發表於《澳門醫學雜誌》（題為《The correlation between ventilation modes, sedatives and opioids, fluid balance, and ventilator-associated events: a matched case-control study》），希望能為推動本地機械通氣患者的臨床研究與護理實踐貢獻力量。

科研離不開學術交流。在教授們的支持下，我曾在「北京大學-澳門理工大學國際護理教育論壇」發表論文，並在畢業後持續參與學術活動，於 2023 年獲得澳門衛生局國際護士節護理專業研討會優秀論文獎，隨後也在海峽兩岸暨港澳地區護理論壇及控制感染國際會議上進行成果分享。衷心感謝各位教授的悉心教導，讓我在研究道路上不斷成長、提升。

During my master's studies amidst the COVID-19 pandemic, I worked as an infection control nurse while balancing online learning. Under professor supervision, I published my first paper on ventilator-associated pneumonia in a Chinese evidence-based medicine journal, sparking my research interest.

I later conducted a matched case-control study on ventilator-associated events, published in the Macao Medical Journal, aiming to improve care for mechanically ventilated patients locally.

With professor support, I presented at the Peking University-Macao Polytechnic University forum, won a 2023 nursing paper award in Macao, and presented at cross-strait and international infection control conferences. I'm grateful for my professors' guidance in developing my research skills.



2020 年入學-邊瑤

Enrollment in 2020 : Bian Yao

畢業去向：

北京大學第一醫院寧夏婦女兒童醫院
護理部

Destination :

Nursing Department of Peking
University First Hospital Ningxia
Maternal and Child Health Hospital



邊瑤，2022 屆健康科學及體育學院護理學碩士畢業生。主持並參與省部級課題 3 項，發表論文 3 篇，獲批專利 3 項。澳門理工大學為我提供了一個資源豐富的平臺，使我能夠不斷挑戰自我，探索新的領域。我很慶倖能夠在這裏學習，這不僅拓寬了我的專業視野，還為我提供了系統的護理理論與實踐知識，讓我在職業規劃上有了更明確的方向，能夠更好地在護理領域深耕細作。在實際工作中，碩士課程所學知識為我提供了堅實支撐。無論是護理管理、循證護理，還是科研方法，都讓我能夠高效開展工作，提升護理品質與團隊專業水準。這段學習經歷讓我深刻體會到護理事業的深度與廣度，也讓我更加堅定地熱愛這份職業。最後，我衷心祝願學校人才輩出，老師們身體健康，同學們前程似錦！

Bian Yao, a 2022 graduate with a Master of Science in Nursing from the Faculty of Health Sciences and Sports. I have led and participated in three provincial/ministerial-level research projects, published three academic papers, and have been granted three patents. Macao Polytechnic University provided a resource-rich platform that enabled me to continuously challenge myself and explore new frontiers. I feel fortunate to have studied here—it not only broadened my professional horizons but also equipped me with systematic nursing theory and practical knowledge, bringing clarity to my career direction and enabling me to deepen my expertise in the nursing field.

In my actual work, the knowledge gained from the master's program has provided solid support. Whether in nursing management, evidence-based practice, or research methodology, it has allowed me to work efficiently and enhance the quality of care and the professionalism of the team. This learning experience has given me a profound appreciation for the depth and breadth of the nursing profession and has strengthened my passion for this vocation. Finally, I sincerely wish our alma mater continued success in nurturing talents, our teachers good health, and all my fellow students a bright and promising future!



2021 年入學-王嘉樂

Enrollment in 2021 : WONG KA LOK



回望護理碩士課程的點滴，恩師們對科研的熱情以及將循證護理融入臨床實踐，使我領悟到科研與臨床護理並非獨立的領域，而是相輔相成。這段綜合型學習讓我能夠將循證護理整合為對臨終患者及其家屬的細緻關懷，並給予他們需要的支持和護理。此外，這些在澳理大的積累和感悟，為我在香港中文大學攻讀護理博士學位奠定了堅實的基礎。期待澳理大繼續推動護理教育與創新，培養更多優秀護理人才，共同努力提升澳門護理的品質。

Reflecting on the time from the Master of Science in Nursing programme, the passion of my tutors in research and their integration of evidence-based nursing into clinical practice has made me realise that research and clinical nursing are not independent fields but complementary. This comprehensive learning experience has enabled me to integrate evidence-based nursing into meticulous care for end-of-life patients and their families, providing them with the support and caring they wish. Moreover, the accumulation of knowledge and insights gained at the Macao Polytechnic University has laid a solid foundation for my pursuit of the Doctor of Nursing programme at The Chinese University of Hong Kong. I look forward to Macao Polytechnic University continuing to promote nursing education and innovation, cultivating more excellent nursing professionals, and working together to enhance the quality of nursing in Macao.

畢業去向：

香港中文大學護理博士、
澳門仁伯爵綜合醫院--舒緩醫學病
房

Destination:

Doctor of Nursing, The Chinese
University of Hong Kong;
Palliative Medicine Ward,
Conde de São Januário Hospital,
Macau.





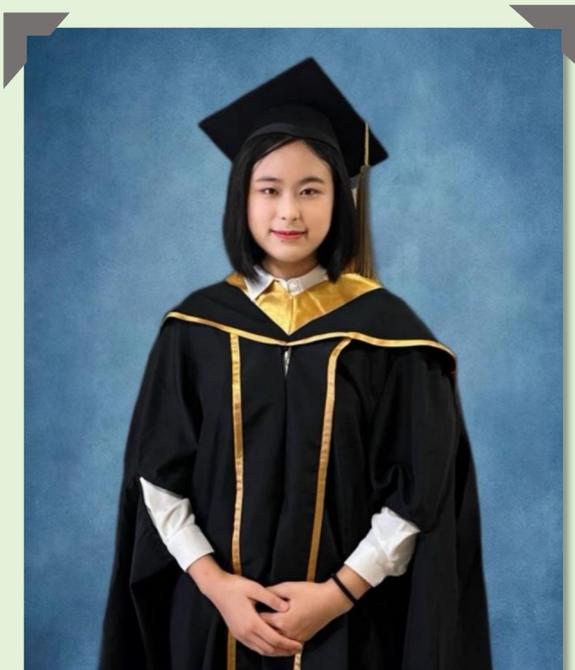
2021 年入學-張瑞珂

Enrollment in 2021 : Zhang Rui Ke

南丁格爾曾言：「護理是科學與藝術的結合」。護士的職業素養不僅在於掌握基礎的護理操作，更重要的是對於高級護理知識的追求。

理大護理學碩士課程的教學內容豐富，不僅能從護理教育、護理管理、護理理論等多角度提升我們的臨床護理能力，同時，規範的循證理念、良好的學術氛圍亦能夠為學生的科研發展打下堅實的基礎。兩年的學術淬煉，使我的護理知識與科研能力得以充分打磨，亦在工作後實現了從護理學生到臨床科研護士的蛻變。

「學海無涯，幸有良師作舟」，感恩母校給予莘莘護理學子寶貴的成長機遇，願理大護理學碩士課程弦歌不輟，繼續譜寫大健康時代的護理華章！



畢業去向：

中山大學附屬第五醫院腦血管病科

Destination :

Department of Cerebrovascular Diseases , The Fifth
Affiliated Hospital of Sun Yat-sen University

Florence Nightingale once said,

"Nursing is a combination of science and art." The professional competence of a nurse lies not only in mastering basic nursing skills but, more importantly, in the pursuit of advanced nursing knowledge.

The Master of Nursing program at the University offers a rich curriculum that enhances our clinical nursing capabilities from multiple perspectives, including nursing education, nursing management, and nursing theories. At the same time, its standardized evidence-based approach and strong academic atmosphere lay a solid foundation for students' research development. Two years of academic refinement have thoroughly honed my nursing knowledge and research skills, enabling me to transition from a nursing student to a clinical research nurse after entering the workforce.

"As the sea of learning knows no bounds, I am fortunate to have great teachers as my guiding vessel." I am grateful to my alma mater for providing nursing students with invaluable growth opportunities. May the Master of Nursing program continue to thrive and compose brilliant chapters for nursing in the era of comprehensive health!



2021 年入學-陳嘉玲

Enrollment in 2021 : Chen Jia Ling

該課程為我的職業規劃提供了清晰方向，其科研訓練與實務課程增強了我的專業能力，為我目前在香港大學護理學院擔任研究助理的工作提供了強大支持，例如課程中的護理倫理與研究方法知識，在項目管理、數據分析及倫理決策中應用廣泛，實用性極強。碩士課程的學習過程，我深刻領悟到護理是科學與人文的交融，需終身學習與無私奉獻。感謝母校的悉

心栽培，我期望澳門理工大學護理學碩士課程未來能進一步拓展國際合作，融入前沿科技，培養更多具有全球視野的護理領袖，為澳門及國際醫療事業貢獻力量。

The programme provided clear direction for my career, with its research training and practical courses enhancing my professional skills, strongly supporting my role as a research assistant in the School of Nursing, University of Hong Kong. Knowledge of nursing ethics and research methodologies is widely applied in project management, data analysis, and ethical decision-making, proving highly practical. Through the programme, I realized nursing is a blend of science and humanity, requiring lifelong learning and selfless dedication. Grateful for my alma mater's nurturing, I hope the Master's programme will further expand international collaborations and integrate cutting-edge technology, fostering globally-minded nursing leaders for Macao and beyond.



畢業去向：
香港大學研究助理

Destination :
Research assistant at the
university of Hong Kong



2022 年入學-張琦

Enrollment in 2022 : Zhang Qi



畢業去向：
蘇州大學附屬第二醫院

Destination :
The Second Affiliated Hospital of Soochow
University

在澳門理工大學護理學專業求學的時光，是我人生中最珍貴的成長階段。在這裡，我完成了從護理科研初學者到能夠獨立探索課題的研究者的蛻變。

感謝理工完善的教學體系，讓我建立了嚴謹的科研思維。護理碩士課程的每一位老師，都非常親切、友善，他們不僅是學術上的引路人，更是人生道路上的良師益友。這段求學經歷不僅提升了我的專業能力，更讓我學會用批判性思維和科學方法解決臨床實際問題。

感謝理工為我開啟護理科研的大門，未來我將繼續在這條道路上深耕，以科研創新推動護理實踐的發展。前路雖遠，行則將至！

My time studying in the Nursing program at Macao Polytechnic University was the most precious phase of growth in my life. Here, I completed the transformation from a beginner in nursing research to an independent researcher capable of exploring

topics on my own. I am grateful for the university's well-structured teaching system, which helped me develop rigorous scientific thinking. Every instructor in the Master of Nursing program was exceptionally kind and friendly—they were not only academic mentors but also wise guides in life. This learning journey not only enhanced my professional skills but also taught me to apply critical thinking and scientific methods to solve real-world clinical problems.

Thank you, MPU, for opening the door to nursing research for me. In the future, I will continue to delve deeper into this path, using research innovation to advance nursing practice. The road ahead may be long, but progress comes with perseverance.



2022 年入學-江慧憫

Enrollment in 2022 : Jiang Hui Min



畢業去向：

浙江大學醫學院附屬口腔醫院

Destination :

Stomatological Hospital Affiliated to Zhejiang University
School of Medicine

三年前碩士入學面試時，我未曾想到澳門理工的錄取通知書會為我打開護理學科的全新維度。在這裏，導師教會我用循證思維解構臨床問題，圖書館裏與同窗鑽研文獻的日夜，讓我領悟到護理人既可以是病床的守護者，也可以是學科的探路者。

如今在制定個性化護理方案時，那些曾令我頭疼的科研方法論，竟成了解決臨床難題的鑰匙。願母校繼續以實踐為舟、以創新為帆，當校巴駛過友誼大橋時，願每個學子都能在濠江潮涌中，追尋推動護理事業的那道浪鋒。

Three years ago during my master's program interview, I never imagined that the admission letter from Macao Polytechnic University would unveil a new dimension in nursing science. Here, my mentors taught me to deconstruct clinical issues through evidence-based thinking, and the countless days and nights spent delving into literature with classmates in the library revealed that nurses can be both guardians at the bedside and trailblazers for the discipline. Now, when crafting personalized care plans, those once-daunting research methodologies have become my keys to unlocking clinical challenges.

May our Alma mater continue to journey with practice as its vessel and innovation as its sail. As the school bus crosses the Friendship Bridge, may every student ride the tides of the Pearl River, chasing the cresting waves that propel the nursing profession forward.



2023 年入學-林思俊



Enrollment in 2023 : LAM SI CHON

回首在澳理大的求學時光，我感慨萬千。這裡不僅是知識的殿堂，更是我職業理想重新點燃的地方。如果再有一次選擇的機會，我依然會毫不猶豫選擇澳門理工大學。在這裡，我找到了科研與臨床的結合點，也找到了自我突破的可能。

我希望能通過自己的經歷，鼓勵更多一線護士勇敢踏上科研之路，尤其是男性同仁。科研訓練讓我突破了人們對男性護士的刻板印象。我深信，男性護士不僅可以成為技術骨幹，更可以成為科研先鋒和行業引領者。我希望

用實際行動推動護理專業的發展，因此也積極參與護理人才培養，擔當臨床導師的工作。我希望能通過自己的經歷，讓更多男性看到護理專業的無限可能。

我期待未來能繼續推動護理專業的多元化發展，讓更多不同性別的優秀人才加入這個行業，與我們一起，共同為患者提供更全面、更優質的護理服務。

Looking back on my time studying at Macao Polytechnic University, I am filled with profound emotion. This place was not just a hall of knowledge for me, but also where my professional aspirations were rekindled. If given another chance to choose, I would still choose Macao Polytechnic University without hesitation. Here, I found the intersection of research and clinical practice, as well as the possibility of self-breakthrough.

I hope that through my own experience, I can encourage more frontline nurses—especially my male colleagues—to bravely embark on the path of research. Research training has helped me break through the stereotypes people often hold about male nurses. I firmly believe that male nurses can not only serve as technical backbones but also become pioneers in research and leaders in the profession. I aim to advance the nursing profession through concrete actions, which is why I also actively participate in nursing talent development by taking on the role of a clinical mentor. Through my journey, I hope to show more men the limitless possibilities within the nursing profession.

I look forward to continuing to promote the diversified development of the nursing profession, encouraging more outstanding talents of all genders to join this field. Together, we can provide patients with more comprehensive and higher-quality nursing care.



畢業去向：

仁伯爵綜合醫院深切治療部高級護士

Destination :

Senior Nurse, Intensive Care Unit,

Conde de São Januário Hospital

深耕當下，靜待花開

Deepening the Present, Awaiting the Blossom

2024 年入讀-鄭志敏

Enrollment in 2024 : Zheng Zhi Min



澳門理工大學的國際化教學環境、先進設施與優質師資，深深吸引了我。這裡校園生活豐富多元，不僅有良好的學習氛圍，還鼓勵學生參與科研與實務。我尤其認可學校「理論與實務相結合」的教學模式，導師們的悉心指導與支持，讓我能夠快速將課堂知識與臨床經驗銜接，為我的學研之路奠定堅實基礎。

在課堂上，我積極參與討論，並分享自身的臨床經驗與學術見解。透過與師生的深入互動，我不僅加深了對專業知識的理解，更學會從多角度思考問題，為學術研究與臨床工作開拓更廣闊的思路。

我的研究聚焦於「腦卒中患者的康復護理」。在與導師充分商議後，我確定以「腦卒中患者卒中後尿失禁風險預測模型的構建及驗證」作為碩士論文主題。課堂中所學的研究設計、樣本量計算、統計分析等方法，使我的研究流程更為規範與嚴謹。

截至目前，我以第一作者或通訊作者身份發表論文 10 篇（其中包括一篇中科院 2 區 SCI 論文，影響因子 6.5），並帶領團隊完成 8 項循證護理項目。這些成果既源於我多年的臨床積累，也深深受益於澳理大的課程訓練——例如《研究方法與倫理規範》讓我掌握了系統的文獻檢索與論文寫作規範；《循證護理實踐》則教會我如何以科學方法篩選證據，優化科研思路。

我深切體會到，這門課程帶給我最大的收穫在於「知識體系的更新與思維方式的轉變」：從過去依賴經驗判斷，轉為運用《高級護理實踐》《高級健康評估》所學的科學方法驗證護理措施；從單一的護理視角，拓展至通過《護理領導與管理》理解整體體系運作；更藉助《護理教育學》掌握了 PBL 教學法等，並將其應用於本科生教學中，有效提升了學生的臨床思維能力。

The international teaching environment, advanced facilities, and high-quality faculty at Macao Polytechnic University deeply attracted me. The campus life here is rich and diverse, offering not only an excellent learning atmosphere but also encouraging students to engage in scientific research and practical applications. I particularly appreciate the university's teaching model of "integrating theory with practice." With the careful guidance and support of my mentors, I was able to quickly connect classroom knowledge with clinical experience, laying a solid foundation for my academic and research journey.

In class, I actively participated in discussions and shared my clinical experiences and academic insights. Through interactions with teachers and peers, I not only deepened my understanding of professional knowledge but also learned to approach problems from multiple perspectives, broadening my thinking for both academic research and clinical work.

2025 年入讀-宋珈名



Enrollment in 2025 : SongJiaMing

作為澳門理工大學健康科學及體育學院 2025 級護理學碩士學位課程的學生，我滿懷感激與期待。初入學院，牆上的師生科研成果與走廊中的學術討論聲，讓我真切感受到這裡不僅傳授知識，更是激發思考、培育創新的沃土。

老師們在嚴謹教學中尤其注重引導我們「多問一層為什麼」。

《高級護理實踐》課上，從臨床案例出發拆解研究設計的過程，讓批判性思維逐漸融入我們的學習日常。

學院更搭建了豐富的實踐平台。學院在課餘時帶領我們參訪大灣區及本澳醫療機構，體驗不同文化下的健康促進實踐；也通過參與學術會議，與各地學者交流，拓寬專業視野。這些經歷如拼圖般，幫我逐步構建起理論與實踐結合的認知體系。

身處中西交融的澳門，背靠大灣區的發展浪潮，我深感學院提供的遠超專業教育，更是一個視野開闊的成長平台。我將珍惜在此學習的時光，鍛煉思維，紮根學術，期盼未來能以「理大人」的專業與擔當，為區域乃至全球健康事業貢獻力量。

感謝理工，給予我這個珍貴的起點。

As a Master of Nursing student (Class of 2025) at Macao Polytechnic University's Faculty of Health Sciences and Sports, I am grateful and excited to be here. From the moment I entered, the research achievements displayed on the walls and the academic discussions in the corridors made me feel that this is not only a place of learning but also a space that inspires critical thinking and innovation.

My professors emphasize asking "why" in our rigorous coursework. In Advanced Nursing Practice, we analyze research designs through clinical cases, integrating critical thinking into daily learning. The faculty also provides practical opportunities, such as visits to healthcare institutions in the Greater Bay Area and Macao, and participation in academic conferences. These experiences help me connect theory with practice.

In multicultural Macao, with the dynamic backdrop of the Greater Bay Area, I believe the faculty offers more than professional education - it is a platform for growth. I will cherish my time here, deepen my academic foundations, and look forward to contributing to health initiatives as a future MPU graduate.

Thank you, Macao Polytechnic University, for this invaluable beginning.



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